

Blog on Wakeboarding



Hey, my name is Mirjam. Since this summer I have been a professional wakeboarder. My sister and I had had three training sessions together before we rode the 4-Master. The training sessions were on a 2-Master. The Master was controlled by a trainer. I learned to do a turn. It was hard, but after a few tries it was easier. We borrowed the wakeboards, the helmets and the life jackets from the shop. After a week I tried wakeboarding on the 4-Master. The speed was much higher. The difficult thing at the beginning is the start. You must keep your eyes open all the time. That's one of the most important rules. When you're distracted while you are on the board, you might knock over someone else. On my second day on the 4-Master I already learned to overcome an obstacle. The name of the box is "butterbox". Two days later I learned the wedge. One of the best things is that you can ride the board together with a friend. That's perfect when someone, for example a trainer, teaches you a new trick. The nearest lake with a wakeboard cable is the "Ausee" in Asten. It takes me 15 minutes to get there by bike. I learned a lot in the summer holidays. My sister and I are in the wakeboard club. Every Tuesday the club with the kids have training. For the warm-up we run around the lake barefoot. The next thing we do is stretching and balance exercises. I must say since I started wakeboarding, I have had a much better balance. After one month my grandparents saw that my sister and I were having great fun with wakeboarding and that it was important for us. So, our grandpa bought us a wakeboard and a

wakeboard binding. All the equipment cost more than 1,500€. This summer I want to partake in the “Ausee contest”. Unfortunately, I was ill when the contest was last summer. In the end there is a link to the homepage of the “Ausee” where you can find a video about all the obstacles with their names and pictures of my equipment. The season will start on the 1st April, 2023. My tip is to buy a wetsuit as the water will be cold. Maybe we will see you there. You can find me next to the wakeboard lift or on the lift.



Slingshot Copy Cat Wakeboard (around 500€)



Slingshot SPACE MOB Wakeboard binding with an inner shoe (around 600€)



Sandbox LEGEND LOW RIDER Helm Iridescent (around 80€)

life jacket (around 60€)



Mirjam Zangenfeind 4C WRG